

## SPC SOFTBALL ACADEMY EST 2010

The Academy aims to provide inspiration and an independent high performance avenue for promising players at our College. We will foster an internal culture of creativity and innovation that generates a leading edge learning environment for the College and its Softball fraternity.

- The SPC Softball Academy is NZ's first truly Softball-specific School Academy.
- Softball at SPC has experienced significant highs over many years including winning the inaugural NZ Secondary School Championship in 1980 and winning the AKL Championship 20 times.
- Our aim is to lay a solid foundation to prepare our athletes holistically we will foster the Schools ethos of hard work, excellence, dedication and heart.
- For players, there is a high degree of focus on position specific training, mental toughness, softball intelligence and skill development.
- Our alliance with the New Zealand Softball community allows us to use the best and most current coaches available. The coaching staff at the Academy represents some of the most influential players and coaches in World Softball.

## **Overview of Services**

Physical Evaluation
Personalised Conditioning Programme
Leadership

Mental Focus Nutrition General Softball skills Media Training Softball Intelligence Injury Prevention Technical position-specific tuition

Membership to the Academy will be limited.

Applications are invited from St Peters students from Year 7 to Year 13. Admission to the Academy will be at the discretion of the Academy Director, Director of Sport and Coach of the College First 1X.

Click on the link below to download an Application Form

**Eddie Kohlhase Academy Director** 

St Peters Old boy, Eddie Kohlhase is a former New Zealand Softball Representative and the current Head Coach of the New Zealand Black Sox Men's Softball team.