



SPORT

Updated: Monday, 12 February 2018 — Page 1 of 1

FitMix Bootcamps

Outdoor Bootcamp for ALL abilities

Contact Person: Anna Dolan

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Hi, I'm Anna, and I have been running a successful Bootcamp for the last 3 years. My focus is on making you fitter and stronger than you thought possible, with motivational coaching within a supportive group of like-minded people. Based in Epsom, I have classes at Cornwall Park and Our Lady of the Sacred Heart School in Banff Ave. Come and try it out tomorrow, and train your way to next Summer.

Heartland Union Limited

Website: www.heartlandrugby.co.nz

Supporting Japanese rugby players to come to play rugby at High School. In fact, I have been sending about 20 students to SPC for the last 4 years.

Contact Person: Yasu Kishimoto

E: yasu@heartlandrugby.co.nz

ManaSys

Website: <http://www.manasys.co.nz/>

Computing, Training, Coaching and Consulting Services

Contact Person: Nick Ivanov

E: nick@manasys.co.nz

Business Hours: 9am till 6pm

No job too big or small. We have 40 years experience in the field.