



ST PETER'S COLLEGE

Important Coronavirus Updates

Wednesday March 18th

IMPORTANT CORONAVIRUS UPDATES



- Hygiene Reminders
- Changes to bell times
- Update on Sports



HYGIENE REMINDERS:
WHY SOAP IS SO EFFECTIVE IN PROTECTING
YOU FROM CORONAVIRUS?????

HYGIENE REMINDERS: WHY SOAP IS SO EFFECTIVE

Because the virus is a self-assembled nanoparticle in which the weakest link is the lipid (fatty) bilayer. Soap dissolves the fat membrane and the virus falls apart like a house of cards and becomes inactive.



IMPORTANT HYGIENE REMINDERS: HOW TO WASH YOUR HANDS

WASH YOUR HANDS



WATER AND SOAP



PALM TO PALM



BETWEEN FINGERS



FOCUS ON THUMBS



BACK OF HANDS



FOCUS ON WRISTS

WASH IN THIS
WAY FOR 20
SECONDS
MINIMUM

IMPORTANT HYGIENE REMINDERS:
LEVELS OF HAND WASHING EFFECTIVENESS

**1. BEFORE
WASHING**



**2. 'RINSE
AND
SHAKE'**



**3. SIX
SECONDS
NO SOAP**



**4. SIX
SECONDS
WITH SOAP**



**5. FIFTEEN
SECONDS
WITH SOAP**



**6. THIRTY
SECONDS
WITH SOAP**

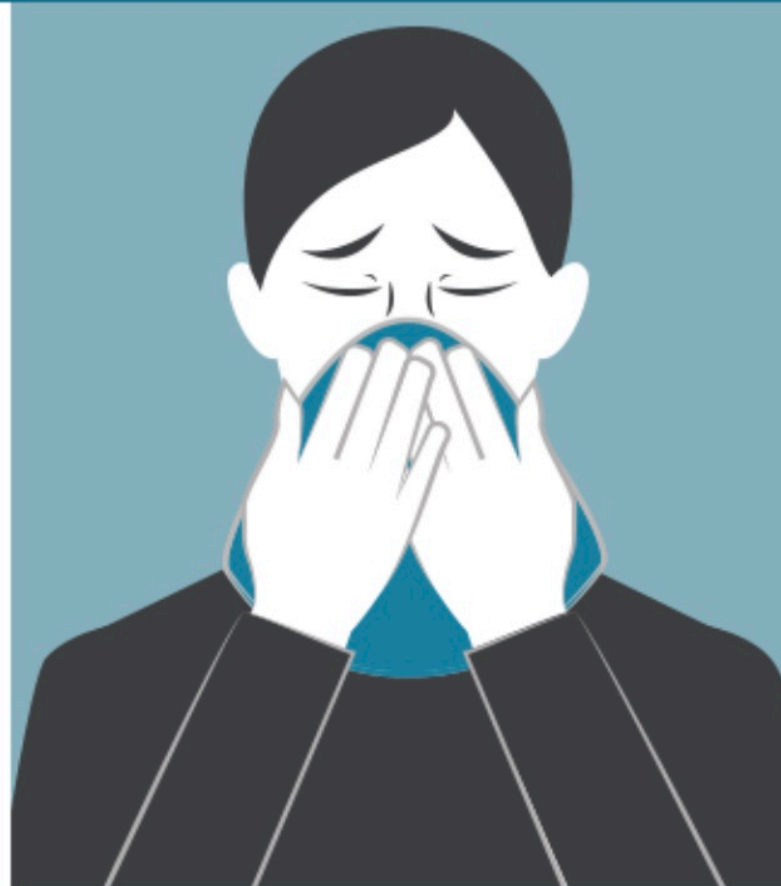


HYGIENE REMINDERS: 3 KEY PROTECTIVE ACTIONS

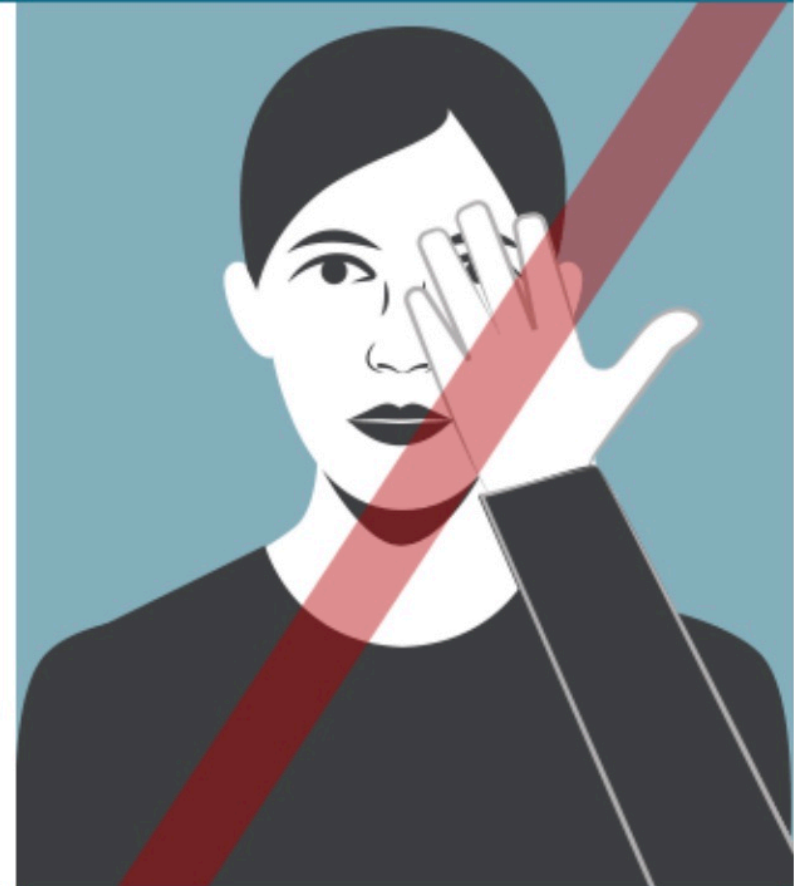
Coronavirus: What you need to do



**Wash your
hands**

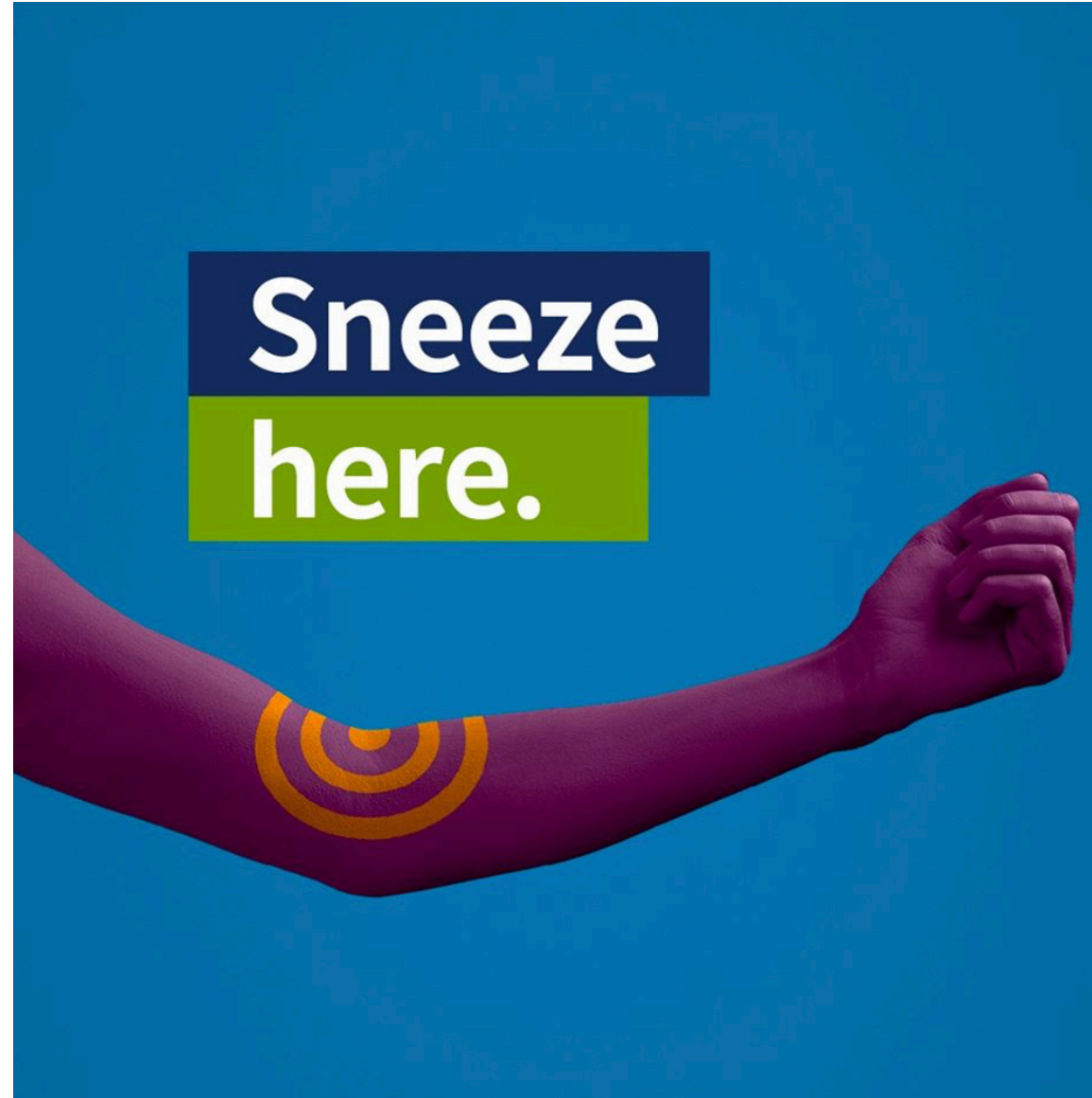


**Use a tissue
for coughs**



**Avoid touching
your face**

IF YOU DO NOT HAVE A
TISSUE TO SNEEZE INTO



CHANGES TO SCHOOL BELL TIMES

GREY SHADED AREAS HAVE ADJUSTED TIMES

Bell Times 2020: Adjusted 18.03.20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Staff Briefing: 8.30 am			Teacher PD: 8.00am	Staff Briefing: 8.30 am
START BELL	8.45 am	8.30 am	8.30 am	8.45 am	8.45 am
COURT YARD	8.50 - 9.00 (10min)	8.35 to 8.45 (10min)	8.35 to 8.45 (10min)	8.50 - 9.00 (10min)	8.50 - 9.00 (10min)
Period 1	9.00 - 9.45 (45)	8.45 - 9.25 (40)	8.45 - 9.25 (40)	9.00 - 9.45 (45)	9.00 - 9.45 (45)
Period 2	9.45 - 10.30 (45)	9.25 - 10.05 (40)	9.25 - 10.05 (40)	9.45 - 10.30 (45)	9.45 - 10.30 (45)
Period 3	10.30 - 11.15 (45)	10.05 - 10.45 (40)	10.05 - 10.45 (40)	10.30 - 11.15 (45)	10.30 - 11.15 (45)
INTERVAL	11.15 - 11.45 (30)	10.45 - 11.15 (30)	10.45 - 11.15 (30)	11.15 - 11.45 (30)	11.15 - 11.45 (30)
Period 4	11.45 - 12.25 (40)	11.15 - 11.55 (40)	11.15 - 11.55 (40)	11.45 - 12.25 (40)	11.45 - 12.25 (40)
Period 5	12.25 - 1.05 (40)	11.55 - 12.35 (40)	11.55 - 12.35 (40)	12.25 - 1.05 (40)	12.25 - 1.05 (40)
Period 5A		12.35 - 1.05 (30)	12.35 - 1.05 (30)		
LUNCH	1.05 - 1.35 (30)	1.05 - 1.35 (30)	1.05 - 1.35 (30)	1.05 - 1.35 (30)	1.05 - 1.35 (30)
Period 6	1.35 - 2.15 (40)	1.35 - 2.15 (40)	1.35 - 2.15 (40)	1.35 - 2.15 (40)	1.35 - 2.15 (40)
Period 7	2.15 - 2.50 (35)	2.15 - 2.50 (35)	2.15 - 2.50 (35)	2.15 - 2.50 (35)	2.15 - 2.50 (35)
MIDDAY REFLECTION TIMES:	12.00-12.02	12.08-12.10	12.08-12.10	12.00-12.02	12.00-12.02



UPDATES ON SPORT

UPDATES ON SPORT

- How you can get the latest information about your code:
 - Mrs Cattermoul will send out all the latest sports updates as she gets them
 - SPC Teachers in charge of each sport will keep you informed
 - Go to the College Sport website: <https://collegesport.co.nz>